## Pal-Mac Youth Wrestling Pin-to-Win Tournament Saturday, March 15, 2008 Palmyra Macedon Central High School 151 Hyde Parkway, Palmyra

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**Registration**: Ages 5-10: 7:30 to 9:00 am Wrestling begins approximately 10:00 am

Ages 11-14: 7:30 – 11:00 am Wrestling begins approximately 1:00 pm

NO JV OR VARSITY EXPERIENCE

- > Split Session
- ➤ All wrestlers to weigh-in at registration
- Entry fee: \$16.00 (Checks payable to Pin and Win Club)
- ➤ No Refunds
- > Sanctioned referees when possible
- > Spectator Admission: Adults \$2.00, Students \$1.00, Under 10 Free
- Concessions Available all day
- Format: **5-man Round Robin** brackets. Each wrestler has four matches to determine champion. Head-to-head, # of pins, technical and major decisions are primary tie-breakers. Tournament officials reserve the right to create other brackets as necessary.

Scoring system: Pin 6 points

Technical Fall 5 points Major Decision 4 points Win 3 points

- ➤ Highest cumulative point total wins (note emphasis on pinning!)
- > Trophies and medals for all places

Questions? Call Bob Ekstrom at (585) 303-3874 or e-mail: mcourtne@rochester.rr.com

Wrestling is a high impact physical sport. I understand that my child may face physical challenges that surpass other sports. I welcome these challenges and hold harmless the coaches, volunteers, Pal-Mac School District, Palmyra Community Center and the Pin-n-Win Club. I have health insurance and assume all responsibility in the event of an injury.

Legal Guardian Signature:		
Name of wrestler (print legibly):		
Age <u>as of 1/1/2008</u> :	Club:	
(For use by tournament officials only)		
Cash Check		Н

