

**Pal-Mac Youth Wrestling Pin-to-Win Tournament**  
**Sunday, March 11, 2007**  
**Palmyra Macedon Central High School**  
**151 Hyde Parkway, Palmyra**

**Walk-in**

**Registration:** Ages 5-10: 7:30 to 9:00 am      Wrestling begins approximately 10:00 am  
Ages 11-14: 7:30 – 11:00 am      Wrestling begins approximately 1:00 pm  
**NO JV OR VARSITY EXPERIENCE**

- Split Session
- All wrestlers to weigh-in at registration
- Entry fee: \$16.00 (Checks payable to Pin and Win Club)
- No Refunds
- Sanctioned referees when possible
- Spectator Admission: Adults \$2.00, Students \$1.00, Under 10 Free
- Concessions Available all day
- Format: **5-man Round Robin** brackets. Each wrestler has four matches to determine champion. Head-to-head, # of pins, technical and major decisions are primary tie-breakers. Tournament officials reserve the right to create other brackets as necessary.

<u>Scoring system:</u>	Pin	6 points
	Technical Fall	5 points
	Major Decision	4 points
	Win	3 points

- Highest cumulative point total wins (note emphasis on pinning!)
- Trophies awarded for 1<sup>st</sup> place
- Medals for all other places

Questions? Call Bob Ekstrom at (585) 303-3874  
or e-mail: mcourtne@rochester.rr.com

Wrestling is a high impact physical sport. I understand that my child may face physical challenges that surpass other sports. I welcome these challenges and hold harmless the coaches, volunteers, Pal-Mac School District, Palmyra Community Center and the Pin-n-Win Club. I have health insurance and assume all responsibility in the event of an injury.

Legal Guardian Signature: \_\_\_\_\_

Name of wrestler (print legibly): \_\_\_\_\_

Age as of 1/1/2007: \_\_\_\_\_ Club: \_\_\_\_\_

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(For use by tournament officials only)

Cash \_\_\_\_\_ Check \_\_\_\_\_ # \_\_\_\_\_